



COACHING STAFF

Mary Askren - 19th Year Head Coach
Jessica Karr - 16th Year Assistant Coach
Taylor Blehm - 3rd Year Assistant Coach
Elly Johnson - 4th Year Assistant Coach

CONTACT INFO

Mary Askren
Email: maskren@usd261.com

COLT STRONG

WHO? Girls entering grades 9th – 12th
WHAT? Summer Weights and Conditioning Program
WHEN? Beginning June 1st – July 29th

LADY COLT SESSION 8:00 am - 9:30 am

Mondays, Tuesdays, Wednesdays, and Thursdays

WHY?

- To take your game to the next level!
- To push yourself to reach your full potential!
- To increase your athletic ability!
- To give yourself the competitive edge!
- To take Campus athletics to the next level!

WHERE? Campus High School Weight Room

COST? F R E E 

VOLLEYBALL OPEN GYM

WHEN? June 1st – July 8th

****MORNING AND AFTERNOON SESSIONS****

Mondays & Wednesdays: 9:30am - 11:00am

Tuesdays & Thursdays: 3:30pm - 5:00pm (Gym 2)

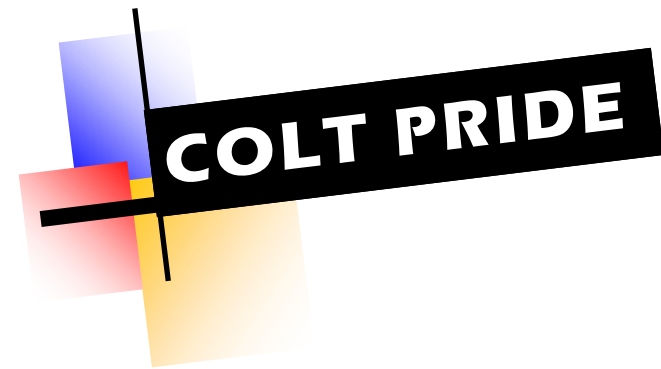
NO OPEN GYM – June 22nd and July 5th

21 SESSIONS

WHERE? Campus High - Main Gym & Gym 2

COST? F R E E

CAMPUS VOLLEYBALL 2021

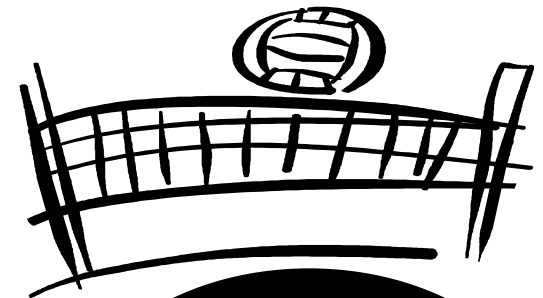


CAMPUS VOLLEYBALL 2021

“Social-distancing will be applied— Bring Face Mask”

Location:

Campus High School Main Gym



Head Coach
Mary Askren
maskren@usd261.com

***“WORK HARD in
silence, let SUCCESS
be your noise.”***

-FrankOcean

HIGH SCHOOL VOLLEYBALL



WHO: For students entering 9th – 12th
(Grade in the Fall of 2021)

WHEN: JULY 12th – 15th

10 Hours of Instruction

9th – 12th GRADE ONLY:

10:00am – 12:30pm

We will focus on advanced fundamentals. Players will be exposed to defensive/offensive techniques and develop team systems. Players will be participating in an energetic, positive atmosphere that will propel their game to the next level. Be ready for an exciting, fast-paced, intense 4 SESSIONS of fun and competition!

COST: \$15

WHERE: CAMPUS HIGH SCHOOL

MAIN GYM Check-In

BRING REGISTRATION FORM FIRST DAY OF
CAMP – CHECK-IN 15min early in
MAIN GYM – CASH OR CHECK

Checks payable to: CAMPUS VOLLEYBALL

All players are expected to wear T-shirts, athletic shorts, athletic shoes, and bring a water bottle.

ALL PARTICIPANTS RECEIVE A
T-SHIRT AND 10 HOURS OF
POWER-PACKED INSTRUCTION!!!!



ELEMENTARY & MIDDLE SCHOOL

WHO: ALL girls entering 3rd – 8th
(Grade in the Fall of 2021)

See specific times for grade levels

WHEN: JULY 12th – 15th

7th - 8th Grade: 1:00pm - 3:00pm

**** 8 HOURS OF INSTRUCTION ****

Players will be taught fundamentals, offensive and defensive tactics, sportsmanship and knowledge of the game. All instruction is centered around a fun learning atmosphere and is intended to ignite interest in the sport! Players receive 8 hrs of power-packed instruction., during these 4 SESSIONS.

***COST: \$15

3rd - 6th GRADE: 8:00am - 9:30am

**** 6 HOURS OF INSTRUCTION ****

We will focus on the basic fundamentals of volleyball. Skills will be introduced and incorporated in fun and interesting ways! Sportsmanship will also be a primary focus throughout these innovative sessions. Players will receive 6 hrs of instruction.

***COST: \$15

WHERE: CAMPUS HIGH SCHOOL

MAIN GYM Check-In

BRING REGISTRATION FORM

FIRST DAY OF CAMP

Check in 15min early in Main Gym

CASH OR CHECK

Checks payable to: CAMPUS VOLLEYBALL

All players are expected to wear
T-shirt, athletic shorts, athletic shoes, and bring
a water bottle - face masks optional.

REGISTRATION

50 PLAYER CAP per CAMP DUE TO COVID

CHECK-IN 15 min. EARLY 1st Day of Camp

BRING THIS FORM FIRST DAY OF CAMP WITH
PAYMENT OF \$15 CASH or CHECK

Checks Payable to: Campus Volleyball

PLAYER: _____

T-SHIRT: (Circle one)

Youth S Youth M Youth L S M L XL XXL

GRADE IN FALL 2021: _____

EMAIL ADDRESS:

PHONE: _____

WAIVER:

As a parent or guardian of enrolled athlete, I give permission for my child to participate in these volleyball sessions and verify she is healthy and capable of participation. I release Campus High School and all staff from liability if any accident/injury may occur. I also give permission for directors to administer medical care and/or medication if the occasion arises.

PARENT SIGNATURE:

INSURANCE COMPANY/POLICY # :

???? QUESTIONS ????
PLEASE EMAIL

maskren@usd261.com

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Mary Askren - Head Coach