

August 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18 Practice 3:00- 4:45	19
20	21 Practice 3:00- 4:45	22 Practice 3:00- 4:45 Parent Meeting 5:15	23 Practice 3:00- 4:45	24 Practice 3:00- 4:45	25 Practice 3:00- 4:45	26
27	28 Practice 3:00- 4:45	29 Practice 3:00- 4:45	30 Practice 3:00- 4:45	31 Practice 3:00- 4:45		

Haysville West Cross Country

Dream barriers look very high until someone climbs them. They are barriers no more.——
Lasse Viren Gold medal winner in 5,000 and 10,000 meters in 1972 and 1976 Olympics

September 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Practice 3:00-4:45	2
3	4 Labor Day No School No Practice	5 Prairie Hills In- vite 4:00	6 Practice 3:00-4:45	7 Practice 3:00-4:45	8 Practice 3:00-4:45	9
10	11 Practice 3:00-4:45	12 Goddard Invite 4:00 Lake Afton	13 Practice 3:00-4:45	14 Practice 3:00-4:45	15 Practice 3:00-4:45 Team Pic- tures	16
17	18 Derby Invite 4:00 High Park	19 Practice 3:00-4:45	20 Practice 3:00-4:45	21 Haysville West Invite 4:00 Campus	22 Early Release No Practice Homecoming	23
24	25 Practice 3:00-4:45	26 Wellington Invite 4:00 Hargis Creek Watershed	27 Practice 3:00-4:45	28 Practice 3:00-4:45	29 No School No Practice	30

Haysville West Cross Country

Don't be afraid to give up the good to go for the great." Steve Prefontaine

October 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Practice 3:00-4:45	3 Mulvane Invite 4:00	4 Practice 3:00-4:45	5 Practice 3:00-4:45	6 Practice 3:00-4:45	7
8	9 Practice 3:00-4:45	10 Pioneer League 4:00 Winfield Turn in uniforms and sweats	11	12	13	14
15	16	17	18	19	20	21
22	23 Fall Awards 5:30	24	25	26	27	28

Haysville West Cross Country

The real purpose of running isn't to win a race; it's to test the limits of the human heart.

- Bill Bowerman