## USD#261 HAYSVILLE SEPTEMBER 2021

## **CACFP Pre-K**

## BREAKFAST MENU

WG=WHOLE GRAIN

USDA announced that each student will be offered one free breakfast and one free lunch during the 2021-2022 school year. We are happy to be able to offer this to our families for the second year in a row!

USDA recently revised the CACFP meal patterns to ensure children have access to healthy, balanced meals throughout the day. Under the updated child meal patterns, meals served will include a greater variety of vegetables and fruit, more whole grains and less added sugar and saturated fat. The changes made to the meal patterns are based on the Dietary Guidelines for Americans, scientific recommendations from the National Academy of Medicine, and stakeholders input. CACFP centers must comply with the updated meal patterns. If you have any question or comments please contact KSDE Child Nutrition & Wellness 785-296-02276

Mon	Tue	Wed	Thu	Fri
		1	2	3
Fruits	Grains	Sausage & Cheese WG Croissant	WG Apple Cinn Muffin	Cereal– WG Cheerios
Choose M	Protein Plate.gov	Raisins Unflavored 1%Milk	Fresh Orange Unflavored 1%Milk	Fresh Banana Unflavored 1%Milk
6	7	8	9	10
LABOR DAY HOLIDAY  *****ALL OFFICES ARE CLOSED*****	Cereal– WG Cheerios Fresh Apple Unflavored 1%Milk	WG French Toast Stick/ Syrup & Sausage Patty Fresh Banana Unflavored 1%Milk	WG Banana Muffin Craisins Unflavored 1%Milk	WG Bacon Scramble Breakfast Pizza Fresh Orange Unflavored 1%Milk
13 WG Mini pancake wraps/ Syrup Raisins Unflavored 1%Milk	14 Sausage & Cheese WG Croissant Fresh Banana Unflavored 1%Milk	15 WG Mini Blueberry Waf- fles/Syrup Fresh Orange Unflavored 1%Milk	16  WG French Toast Sticks/ Sausage Patty/Syrup  Raisins Unflavored 1%Milk	17 Cereal– WG Cheerios Fresh Orange Unflavored 1%Milk
20 WG French Toast Stick/ Syrup & Sausage Patty	21 WG Dble Chocolate Chip Muffin	22 Sausage & Cheese WG Croissant	23 Cereal– WG Cheerios Fresh Banana	24 BUILDING IN-SERVICE
Craisins Unflavored 1%Milk	Fresh Apple Unflavored 1%Milk	Raisins Unflavored 1%Milk	Unflavored 1%Milk	*****NO SCHOOL FOR STUDENTS*****
28	29	30		
WG French Toast Sticks/ Sausage Patty/Syrup	WG Mini Blueberry Waf- fles/Syrup	Sausage & Cheese WG Croissant		
Craisins Unflavored 1%Milk	Fresh Apple Unflavored 1%Milk	Raisins Unflavored 1%Milk		
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This institution is an equal opportunity provider. .