

SUBJECT TO CHANGE WITHOUT NOTICE!

**USD#261
HAYSVILLE
OCTOBER 2021**

**TRI-CITY &
HAYSVILLE HIGH
SCHOOL**

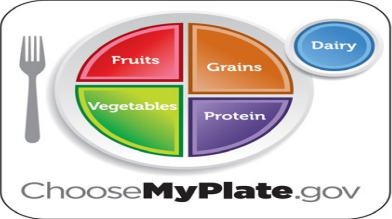
LUNCH MENU

USDA announced that each student will be offered one free breakfast and one free lunch during the 2021-2022 school year. We are happy to be able to offer this to our families for the second year in a row!

The National School Lunch Program Guidelines require we offer each student 5 food components--

- **MEAT / MEAT ALTERNATES (PROTEINS)**
- **GRAINS**
- **VEGETABLES**
- **FRUITS**
- **MILK**

Students are allowed to decline 2 of the 5 required food components, but grades K-8 must select at least 1/2 cup of either a fruit or vegetable. We encourage every student to take all the foods that are offered!

Mon	Tue	Wed	Thu	Fri
				
4	5	6	7	8
**Cheeseburger **Yogurt Biteables French Fries Craisins Juice	**Popcorn Chicken Bowl **PB&J Uncrustable Asst. Fresh Vegetables Applesauce Juice Chocolate Chip Cookie	**CiCi's Pizza-3 Meat **Yogurt Biteables Asst. Fresh Vegetables Tator Tots Strawberries & Bananas Raisins	**Walking Taco **PB&J Uncrustable Asst. Fresh Vegetables Refried Beans Fresh Apple Fudge Bar	1 **Hot Dog **PB&J Uncrustable Asst. Fresh Vegetables Baked Beans Fresh Apple Fudge Bar
11	12	13	14	15
Hamburger **Yogurt Biteables Tator Tots Fresh Orange Juice	**Mini corn Dogs **PB&J Uncrustable Mac & Cheese Asst. Fresh Vegetables Fresh Banana Raisins	**CiCi's Pizza-Pepperoni **Yogurt Biteables French Fries Fresh Grapes Juice Chocolate Chip Cookie	**Nacho Supreme **PB&J Uncrustable Asst. Fresh Vegetables Refried Beans Fresh Apple Fudge Bar	1/2 Work Day— 1/2 Collaboration Day ***NO SCHOOL FOR STUDENTS*****
18	19	20	21	22
Breaded Chicken Sandwich **Yogurt Biteables French Fries Raisins Juice	**Chicken Nuggets/Hot Roll **PB&J Uncrustable Mash Potato /Gravy Asst. Fresh Vegetables Fresh Orange Juice	**CiCi's Pizza-Pepperoni **Yogurt Biteables Asst. Fresh Vegetables Tator Tots Fresh Banana Frozen Fruit Cup	PARENT / TEACHER CONFERENCES ***NO SCHOOL FOR STUDENTS*****	CONFERENCE RELEASE DAY *****NO SCHOOL FOR STUDENTS***
25	26	27	28	29
**Burrito **Yogurt Biteables Tator Tots Craisins Juice	**Chicken Strips/Hot Roll **PB&J Uncrustable Mac & Cheese Asst. Fresh Vegetables Baked Beans Applesauce Frozen Fruit Cup	**CiCi's Pizza-Pepperoni **Yogurt Biteables French Fries Fresh Grapes Juice Fudge Bar	**Italian Dunkers **PB&J Uncrustable Asst. Fresh Vegetables Strawberries & Bananas Juice	**Hot Dog **PB&J Uncrustable Asst. Fresh Vegetables Tator Tots Strawberry Applesauce Juice

This institution is an equal opportunity provider

Milk variety offered daily: 1%white, Fat Free choc/strawberry