

SUBJECT TO CHANGE WITHOUT NOTICE!

**USD#261  
HAYSVILLE  
OCTOBER 2021**

**MIDDLE, TRI-CITY  
& HAYSVILLE  
HIGH SCHOOL**

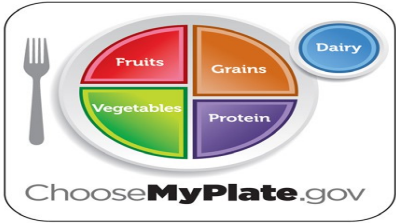
**BREAKFASTMENU**

USDA announced that each student will be offered one free breakfast and one free lunch during the 2021-2022 school year. We are happy to be able to offer this to our families for the second year in a row!

The National School Lunch Program Guidelines require we offer each student 5 food components--

- **MEAT / MEAT ALTERNATES (PROTEINS)**
- **GRAINS**
- **VEGETABLES**
- **FRUITS**
- **MILK**

Students are allowed to decline 2 of the 5 required food components, but grades K-8 must select at least 1/2 cup of either a fruit or vegetable. We encourage every student to take all the foods that are offered!

Mon	Tue	Wed	Thu	Fri
				
				1 Breakfast Bun <b>OR</b> Cereal & Muffin  Fresh Banana Juice Milk
4 Mini pancake wraps/Syrup <b>OR</b> Cereal & Muffin  Raisins Juice Milk	5 Iced Breakfast Bun <b>OR</b> Banana Bread  Fresh Apple Juice Milk	6 French Toast Stick/Syrup & Sausage Patty <b>OR</b> Cereal & Muffin  Fresh Banana Juice Milk	7 Southern Breakfast Bowl <b>OR</b> Breakfast Bun  Craisins Juice Milk	8 Bacon Scramble Breakfast Pizza <b>OR</b> Cereal & Muffin  Fresh Orange Juice Milk
11 Mini pancake wraps/Syrup <b>OR</b> Cereal & Muffin  Raisins Juice Milk	12 Sausage & Cheese Croissant <b>OR</b> Mini Donuts  Fresh Banana Juice Milk	13 Southern Breakfast Bowl <b>OR</b> Cereal & Muffin  Fresh Orange Juice Milk	14 French Toast Sticks/ Sausage Patty/Syrup <b>OR</b> Banana Bread  Raisins Juice Milk	15 1/2 Work Day— 1/2 Collaboration Day  <b>*****NO SCHOOL FOR STUDENTS*****</b>
18 French Toast Stick/Syrup & Sausage Patty <b>OR</b> Cereal & Muffin  Craisins Juice Milk	19 Breakfast Scramble Bowl <b>OR</b> Cereal & Muffin  Fresh Apple Juice Milk	20 Sausage & Cheese Croissant <b>OR</b> Cereal & Muffin  Raisins Juice Milk	21 PARENT / TEACHER CONFERENCES  <b>*****NO SCHOOL FOR STUDENTS*****</b>	22 CONFERENCE RELEASE DAY  <b>*****NO SCHOOL FOR STUDENTS***</b>
25 French Toast Sticks/ Sausage Patty/Syrup <b>OR</b> Mini Donuts  Craisins Juice Milk	26 Country Breakfast Bowl Bun <b>OR</b> Banana Bread  Fresh Apple Juice Milk	27 Sausage & Cheese Croissant <b>OR</b> Cereal & Muffin  Raisins Juice Milk	28 Iced Breakfast Bun <b>OR</b> Cereal & Muffin  Fresh Orange Juice Milk	29 Breakfast Bun <b>OR</b> Cereal & Muffin  Fresh Banana Juice Milk